

The Professional Reiki Practitioner Diploma

Your Pathway to CNHC Registration & Future-Proofing Your Holistic Career

2027 Prospectus & Course Guide

Elevate Your Practice. Secure Your Future.

The landscape of the personal care and wellness industry is shifting. With recent strict legislative updates introducing tighter regulations on who can administer treatments in the beauty and aesthetics sectors, the holistic and complementary therapy space is likely to face a similar review soon.

While registration with the **Complementary and Natural Healthcare Council (CNHC)** is currently voluntary, getting regulated now is the ultimate way to future-proof your business before mandatory regulations catch up. At present, meeting these National Occupational Standards is **not a legal requirement** to practice Reiki in the UK; however, joining the register now means you are establishing your business ahead of the curve.

This **Professional Practitioner Diploma** is the ultimate, supported vehicle to get you through the CNHC's strict "hoop-jumping" requirements smoothly, confidently, and safely.

A Path for Every Reiki Journey

- **The Personal Path:** The self-healing and personal development paths of Reiki remain completely valid and deeply respected. If you practice purely for yourself, friends, and family, you do not need this diploma.
 - **The Professional Path:** If you want to take your Reiki practice into formal healthcare, the NHS, corporate environments, or run an elite public practice, this professional pathway is your gold standard.
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Why Choose This Diploma?

Securing a spot on the CNHC Accredited Register is notoriously rigorous. Traditional short workshops leave you short of the mandatory **40 in-person tuition hours** and **9-month minimum study period**.

UK professional Reiki bodies (such as the UK Reiki Federation or FHT) are fantastic organisations that can assist you with the final verification and application process to the CNHC, but **they do not provide training**. They will audit your training hours and portfolio, but they cannot give you the extra practical days or the structured mentoring required to build that portfolio.

That is exactly the missing piece this Diploma provides. It has been carefully mapped to meet the **National Occupational Standards (NOS CNH1, CNH2, CNH12)** and the **Reiki Core Curriculum**, giving you:

- **The Extra Hours You Need:** 4 additional 7-hour intensive practical training days (on top of your previous Level 1 and 2 in person training days).
 - **Dual Intakes (Rolling Loop System):** Start in February or October. Our cyclical system ensures you can jump into the loop at either point and complete your qualification seamlessly within a 12-month window.
 - **Built-in Portfolio Creation:** A structured framework to complete your required case studies.
 - **12 Months of Dedicated Mentoring:** Step-by-step guidance so your final assessment portfolio is flawless.
 - **Essential First Aid Knowledge:** Taught by a qualified First Aid trainer, this built-in unit equips you with vital hands-on skills and emergency response management to ensure you can confidently handle a casualty within a professional therapy environment. *(Please note: This is a skills-and-knowledge framework to ensure safety and competence; it does not award a regulated First Aid certificate. For formal insurance and local council licensing, you will still be advised to complete a standard, regulated First Aid at Work course).*
 - **The Ultimate Bonus Option:** Diploma students are welcome to "sit in" on our running Level 1 and Level 2 courses. This allows you to gain extra tuition hours, act as a "live client" for new students, and effortlessly log your mandatory self-received practice hours!
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The 2027 Training Calendar

Choose the intake that suits your schedule. You can start your journey at **Module A (February)** or **Module D (October)**.

Winter/Spring Term

- **Level 1 Reiki:** Saturday 30th January 2027 (*Bonus hours/Client log day*)
- **Level 2 Reiki:** Saturday 27th February 2027 (*Bonus hours/Client log day*)
-  **Module A: Professional Ethics & Consultation Mastery**
 - **Date:** Sunday 28th February 2027
 - **Focus:** Professional identity, CNHC Code of Conduct, legalities (GDPR, insurance), and client intake communication.
Supervised Practice Session 1.

Summer Intensive Weekend

-  **Module B: Adaptive Care & First Aid Skills (Part 1)**
 - **Date:** Saturday 26th June 2027
 - **Focus:** Emergency response protocols (CPR, AED, primary survey) and adapting treatments for elderly, neurodivergent, and trauma-aware clients.
Supervised Practice Session 2.
-  **Module C: Advanced Treatment & First Aid Skills (Part 2)**
 - **Date:** Sunday 29th June 2027
 - **Focus:** Managing medical emergencies (choking, bleeding, seizures), Anatomy & Physiology basics, and tracking clinical outcomes.
Supervised Practice Session 3.

Autumn Term

- **Level 1 Reiki:** Saturday 25th September 2027 (*Bonus hours/Client log day*)
- **Level 2 Reiki:** Saturday 16th October 2027 (*Bonus hours/Client log day*)
-  **Module D: Business Logistics, Portfolios & Competence**
 - **Date:** Sunday 17th October 2027
 - **Focus:** Setting up a practice, ethical marketing, safeguarding, and case study architecture. *Supervised Practice Sessions 4 & 5 (featuring practical assessments with live clients from the Level 2 class).*

Choose Your Starting Point

The February Start Route

1. **Feb 2027:** Module A (Consultation Skills)
2. **June 2027:** Modules B & C (First Aid Skills & Anatomy)
3. **Oct 2027:** Module D (Business & Final Portfolio)
Perfect for existing Level 2 graduates ready to go professional immediately.

The October Start Route

1. **Oct 2027:** Module D (Business & Case Study Prep)
2. **Winter 2027/28:** Build your portfolio at home with winter mentoring.
3. **Feb 2028:** Module A (Consultation Skills)
4. **June 2028:** Modules B & C (First Aid Skills & Graduation)
Perfect for autumn students who want the winter months to focus purely on case studies.

Understanding Your Case Study Requirements

As part of your portfolio, you will complete **comprehensive case studies**. This means working with 10 different people for a minimum of 4 hands-on, in-person sessions each (accounting for 40 of your required 75 practical hours). **Distance healing does not count for this professional register.**

Through our structured templates and 12 months of mentoring, we will teach you how to write these up to demonstrate:

- **Professional Competence:** Absolute confidence in the practical delivery of a Reiki treatment.
 - **Clinical Documentation:** Keeping impeccable client records, structuring consultations, and tracking ongoing treatment plans.
 - **Safety & Awareness:** Clear identification of "Red Flag" symptoms, contraindications, and knowing exactly when to refer a client to a medical professional.
 - **Holistic Reflection:** Demonstrating self-reflection as a practitioner to continuously develop your learning and track client progress over time.
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Frequently Asked Questions (FAQs)

What support do I get between the in-person modules?

You are never left to figure things out on your own. Your 12-month enrolment includes full access to our online student hub, which is packed with self-study materials, portfolio templates, and extra learning resources. You will also be invited into our private Telegram chat space for quick day-to-day Q&As with your peers and teacher. Plus, we host live monthly group mentoring calls on Zoom - you can attend these whenever you need direct help, case study reviews, or general guidance.

Can I start the Diploma if I haven't done Level 1 or 2 yet?

Yes! If you choose **Option 2: The Full Professional Bundle**, you can register as an absolute beginner. You will complete your Level 1 and Level 2 weekend classes alongside the Diploma modules as they cycle through the year.

I already have Level 1 and 2 from a different teacher. Can I still join?

Absolutely. As long as you hold valid certificates for Reiki Level 1 and Level 2, you are welcome to join us via the standalone Diploma route (**Option 1**). The Diploma will act as the bridge to upgrade your existing training to meet National Occupational Standards.

I am already a Reiki Master and Teacher. Do I need this?

The CNHC register focuses exclusively on regulating professional, hands-on clinical practice rather than lineage or teaching status. Because traditional Master-level courses do not automatically audit or guarantee compliance with the Skills for Health National Occupational Standards (NOS), this Diploma is designed to act as your bridging qualification. It systematically upgrades your existing training logs and portfolio to meet the strict entry benchmarks required for formal healthcare registration.

Does completing the Diploma automatically register me with the CNHC?

No, and no training provider can legally grant automatic registration. The CNHC is an independent regulatory body. Once you complete your training and your portfolio is ready, you must formally apply through your chosen professional body (like the UK Reiki Federation) and the CNHC assessor. What this Diploma *does* do is guarantee that your training hours, curriculum logs, and portfolio layout meet their strict audit requirements easily on the first try.

What happens if I miss an in-person Module day?

Because our course runs on a cyclical loop twice a year, you can easily catch up on the specific module you missed during the very next intake cycle.

How do the "Level 1 and 2 client days" work?

Please note: This applies only to students who have already completed and hold certifications for their Level 1 and Level 2 training.

As a standalone Diploma student, you have the unique privilege of "sitting in" on any of our live Level 1 or Level 2 classes running throughout the year. To protect the integrity of the course, this does not mean you are re-taking the qualification or receiving new certificates. Instead, it serves as a powerful practical resource: you can use this time to absorb the theory again as a refresher, gain extra in-person tuition hours, and act as a "live client" for the new students. This is an incredibly popular option because it allows you to effortlessly log the mandatory 100 hours of self-received treatments required by the CNHC in a supervised, professional environment.

What exactly is the APEL route mentioned in CNHC guidelines?

APEL stands for *Accreditation of Prior and Experiential Learning*. It is a process where the CNHC assesses practitioners who didn't train on a pre-mapped course. Navigating this alone is incredibly tough because you have to independently source an external observer for exams and draft lengthy compliance papers. Our Diploma takes the stress out of this by completely formatting your coursework and practical exams to match what the APEL assessors look for.

Your Investment in Professional Excellence

I believe professional training should be accessible, which is why I offer both upfront savings and flexible monthly payment structures.

Option 1: The Professional Diploma (Standalone)

For those who have already completed their Level 1 and Level 2 training.

- **Full Investment:** £750
- **Payment Plan:** £75 x 10 monthly payments

Option 2: The Full Professional Bundle

The complete, seamless pathway from beginner to CNHC-ready practitioner. Includes Level 1, Level 2, and the full Professional Diploma.

- **Full Investment:** £1,200 (An immediate saving of £300 compared to booking separately)
 - **Payment Plan:** £100 x 12 monthly payments
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Terms, Conditions & Mentoring Extensions

1. Booking Policy & Your Right to Cancel (14-Day Cooling-Off Period)

Please read the following terms carefully before completing your enrolment:

- **Instant Digital Access:** This product includes immediate access to our online training hub, self-study modules, and digital resources upon purchase.
- **Waiving the Cooling-Off Period:** By completing your payment and confirming your acceptance of these terms, you expressly request that your digital access begins immediately. You acknowledge that once access to the digital hub has been granted, **you waive your 14-day right to cancel under the UK Consumer Contracts Regulations 2013.**
- **Refund Policy:** Due to the immediate delivery of digital intellectual property, no refunds will be given once access to the student hub has been granted.

2. Mentoring Duration & Flexible Extensions

Your enrolment fee includes **12 months of comprehensive group mentoring and guidance** to help you confidently build your portfolio and pass your assessments.

- **Missed Workshops:** If you happen to miss an in-person module day, our cyclical loop system allows you to sit in on that specific workshop during the following intake cycle at no extra cost.
- **Continuing Mentoring After 12 Months:** While you are welcome to attend your missed workshop in year two, ongoing professional mentoring, portfolio reviews, and access to the live monthly Zoom support calls terminate at the 12-month mark. If you require or wish to maintain active mentoring support after your first year, you can choose from the following optional extensions:

- **Option A: The Continued Mentoring Space** – Maintain access to the monthly group mentoring Zoom calls and portfolio support for **£40 per month** or **£350 per year**.
 - **Option B: The Soulpreneur Space Membership** – Step into our premium professional ecosystem for advanced business growth and mentorship at **£60 per month** or **£600 per year**.
 - *Note: These extensions are completely optional and are only required if you wish to keep receiving active, hands-on mentoring support after your inclusive 12 months have expired.*
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Step Into Your Professional Future Today

Please note: Completing the Diploma does not automatically place you on the CNHC register. You must formally apply to your professional body and the CNHC assessor once your portfolio is complete. However, this course ensures your application meets every strict benchmark on the first try.